

FILTHY RAGS OUTREACH

PRESENTS CLOSING THE GAP COHORT 2



Filthy Rags Outreach and Ellison Coaching and Counseling Group is happy to announce that we will be adding two additional components to our Closing the Gap initiative. In addition to our Parenting Behind the Walls program, Filthy Rags Outreach and Ellison Coaching and Counseling Group are also teaming up to provide:

- **COUPLES COUNSELING, AND**
- **TRAUMA-INFORMED THERAPY AND COUNSELING**

These new additions to our Closing The Gap initiative were created to help incarcerated individuals and their love interest discover creative and innovative ways to maintain the strength of their bond while navigating the many twists, turns, and ups and downs that come with maintaining a relationship with an incarcerated love one. These sessions will include helping couples learn how to develop effective communication tools, tips on how to keep the relationship interesting, and lessons on the most effective ways to be supportive to your partner.

In addition to Closing the Gap between incarcerated individuals and their love interest, we will also be providing Trauma Informed Therapy in an effort to help incarcerated individuals identify and unpack the deep seeded traumas that have affected our lives in negative and unexpected ways. In these sessions participants will: learn how to identify trauma, obtain lessons on how to conquer these past experiences, and acquire tools to render these traumas ineffective in our lives.

DETAILS

These sessions will be 12 weeks long, and participants with at least 85% attendance will receive a certificate of completion upon the conclusion of the program. For more information on how to get signed up and the criteria for participation, please contact 206-588-6991 OR add info@filthyragsoutreach.org on Securus and send us an Email.



ADDRESS

PO BOX 4811
FEDERAL WAY, WA 98063



EMAIL

INFO@FILTHYRAGSOUTREACH.ORG



PHONE

206-588-6991